Financial Support

Financial wellbeing is fundamentally important to all our staff and NHS Employers highlight that financial wellbeing is a shared responsibility between the employer and employee. Responses from our **2021 Health and Wellbeing Questionnaire** have shown us that a number of staff would like further information and support to help them to achieve good financial wellbeing and happiness.

NHS England have been working with the Money Advice Service, an organisation who work to improve peoples financial wellbeing across the UK, to provide you with free, independent support. Based on calls to our support lines, we've picked out some of the top tools and resources to help you.

NHS telephone support line

NHS people can call this support line, provided by the Money Advice Service, for free and impartial money advice open Monday to Friday from 8am to 6pm call: **0800 448 0826**

WhatsApp (Add+44) 7701 342 744 to your WhatsApp and send the Money Advice Service's national support team a message for help with sorting out your debts, credit questions and pensions guidance.

Webchat

Chat to one of the Money Advice Service team via their <u>online portal.</u>

NHS people can also join one of our online <u>financial wellbeing events</u>.

More top tools and resources from the Money Advice Service

Budget Planner Tool

This free Budget Planner puts you in control of your household spending and analyses your results to help you take control of your money. It's already helped hundreds of thousands of people.

Quick Cash Finder Tool

Use this quick cash finder tool to discover how you could quickly find and save money by simply cutting back on some of your regular spending.

Debt Advice Locator Tool

If you're struggling with debt, it can be hard to know where to turn. But with lots of free national and local advice services available across the UK, you can use this tool to find help in a way that's best for you.

Debt and borrowing

For taking control of debt, getting free debt advice, and how to borrow affordably

Benefits

Find out what benefits you're entitled to and learn about Universal Credit.

Budgeting and managing your money

Advice on running a bank account, planning your finances, and cutting costs.

Work and redundancy

Advice on understanding your employment rights, what in-work benefits you might be entitled to and how to handle redundancy.

My money

Find loads of bright ideas, money saving tips and step by step recipes for saving money let My Money help you keep more of your hard-earned cash.

Help with scams

Advice for spotting, avoiding and recovering from scams